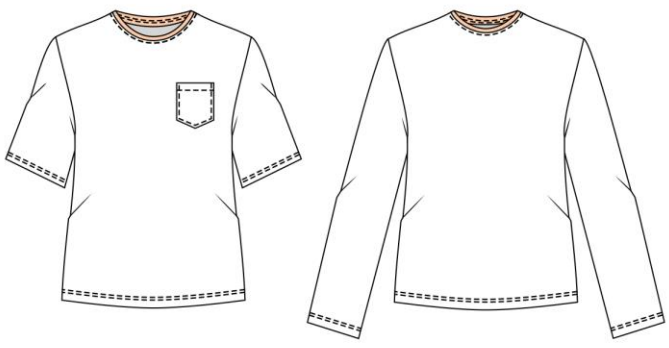
Sewing Instructions & Pattern

eBook

Mark

Oversized Shirt for Men

Sizes
44 to 60



Schneidermeer

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Introduction

The "Mark" model is an oversized shirt with dropped shoulders for men. The shirt has a hip-length hem and offers four different sleeve lengths, allowing you to sew various oversized shirts for all seasons with this pattern. You can sew the round neckline either high-closed or with a deeper cut – according to your preference.

"Mark" is sewn from knit fabrics such as jersey. Lightweight knit fabrics are suitable for the long-sleeved version of the shirt, where it can be made slightly larger.

The pattern also includes a modification to the front piece for men with a belly. Optionally, you can topstitch a chest pocket onto the front piece.

What's included in the pattern:

- Neckline Variant 1 = smaller neckline / higher closed
- Neckline Variant 2 = larger neckline / deeper cut
- Various sleeve lengths: short, 3/4, 7/8, and long

The pattern includes individual and multi-size patterns from size 44 to 60, including seam allowances, in both A4 and A0 formats. The sizes roughly correspond to ready-to-wear sizes.

Please note that this translation is provided to the best of my abilities, and some terms may vary depending on the context or region.

Before you start with your "Mark" project, please read through the instructions completely. If you have any questions, feel free to email pattern@schneidermeer.de. If you have specific concerns, you can include a picture – that way, I can respond more precisely. I'll get back to you as soon as possible.

Your suggestions and wishes are warmly welcomed! If you'd like to express praise or criticism, I'd appreciate it. 😊

Feel free to share your finished project on social media with the hashtag #schneidermeer. That way, I can admire your result!

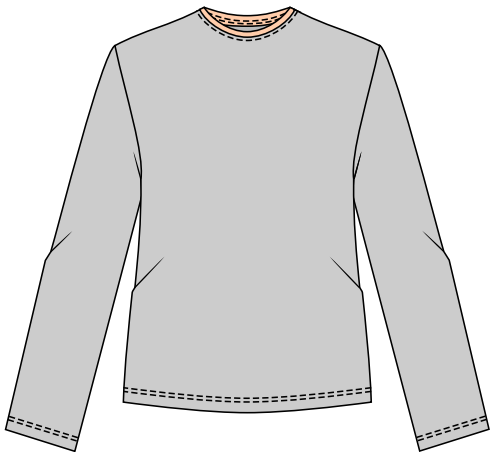
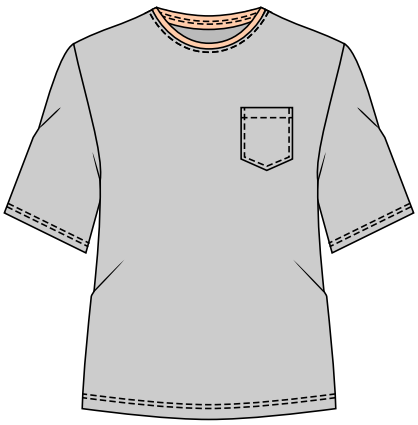
If you'd like to sew more unique pieces, check out my shop at www.schneidermeer.de. There you'll find more inspiring patterns, and new ones are added over time.

Thank you for choosing this pattern. I wish you lots of joy while sewing!

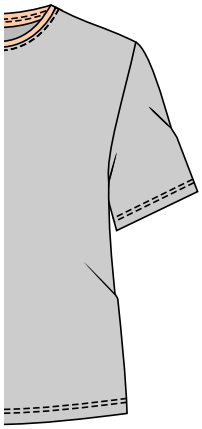
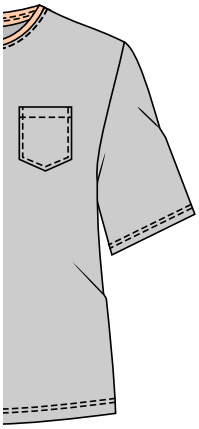
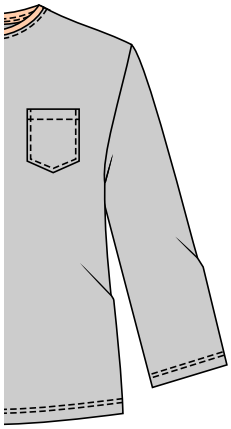
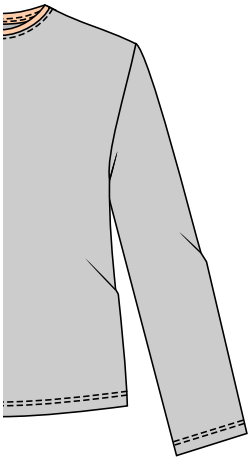
Warm regards,
Claudia

These models are included in the pattern

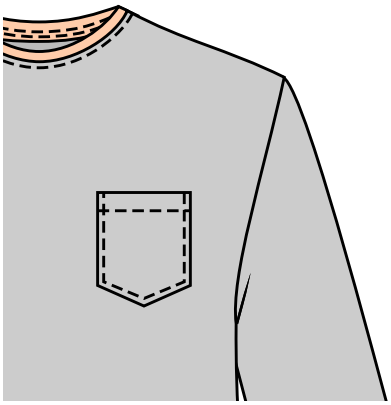
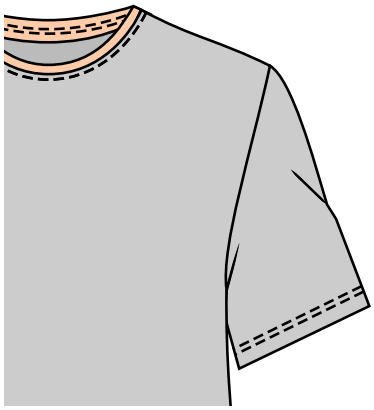
Necklines

Option 1: High neckline	Option 2: Deep neckline
	

Sleeve lengths

Short	3/4	7/8	Long
			

Pocket

With pocket	Without pocket
	

Pattern Information

Multi-Size Pattern:

This pattern includes all pattern pieces from size 44 to 60 with seam allowances. Trace the individual pieces in your size. Cut out all pattern pieces from paper.

The following seam allowances are included in the pattern:

- 2.5 cm (about 1 inch) hem
- 2 cm (about 0.8 inches) sleeve hem
- 0.7 cm (about 0.3 inches) on all other edges
- Pocket: 2.5 cm (about 1 inch) at the top edge, otherwise 1 cm (about 0.4 inches)

Pay attention to the fabric fold of the pieces when cutting! For the dotted line of the 2nd neckline variation, 0.7 cm (about 0.3 inches) seam allowance is already included!

Single Size Pattern:

This pattern includes all pattern pieces in a single size with seam allowances. The dotted line next to the cutting edge indicates the seam line on the pattern.

The following seam allowances are included in the pattern:

- 2.5 cm (about 1 inch) hem
- 2 cm (about 0.8 inches) sleeve hem
- 0.7 cm (about 0.3 inches) on all other edges
- Pocket: 2.5 cm (about 1 inch) at the top edge, otherwise 1 cm (about 0.4 inches)

Pay attention to the fabric fold of the pieces when cutting! For the dotted line of the 2nd neckline variation, 0.7 cm (about 0.3 inches) seam allowance is already included!

Representation:

The instructions are fully colored. Here is a key to help you associate the colors:

Outer fabric - right side

Outer fabric - wrong side

Outer fabric 2 - right side

Outer fabric 2 - wrong side

Seam being described in the step

- - - - - Stitching

Processing Note:

If a specific type of stitch is not specified, finish your jersey seams as described on Page 7 . For topstitching, you can use a straight stitch. Set the stitch length to 2.2 to 3 mm - if the jersey does not feed well, a higher stitch length is recommended or reducing the presser foot pressure. Additionally, the upper thread tension should be slightly loosened for straight stitching. This prevents the seam from puckering and keeps it somewhat elastic.

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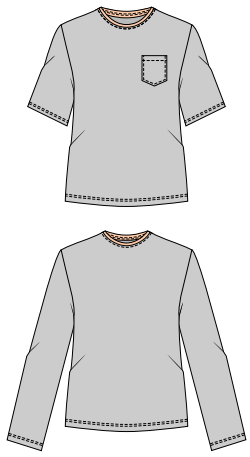
Step 3: Cutting

For the oversized shirt, you'll need lightweight to medium-weight jersey or other knit fabrics. With very lightweight jersey or viscose jersey, the fit might be slightly looser or wider. For the neckline, rib knit fabric or stretchy jersey is recommended.

For the oversized shirt, you'll need with a fabric width of 145 cm:

Oversized Shirt + Sleeves	**44**	**46**	**48**	**50**	**52**	**54**	**56**	**58**	**60**
Fabric Consumption (in centimeters)									
Sleeves: short	121			128		129		175	
Sleeves: 3/4	127			133		136		175	
Sleeves: 7/8	142			147		148		175	
Sleeves: long	156			161		164		175	
Optional: Rib knit fabric for neckline (approximately 70 cm wide)	10			10		10		10	

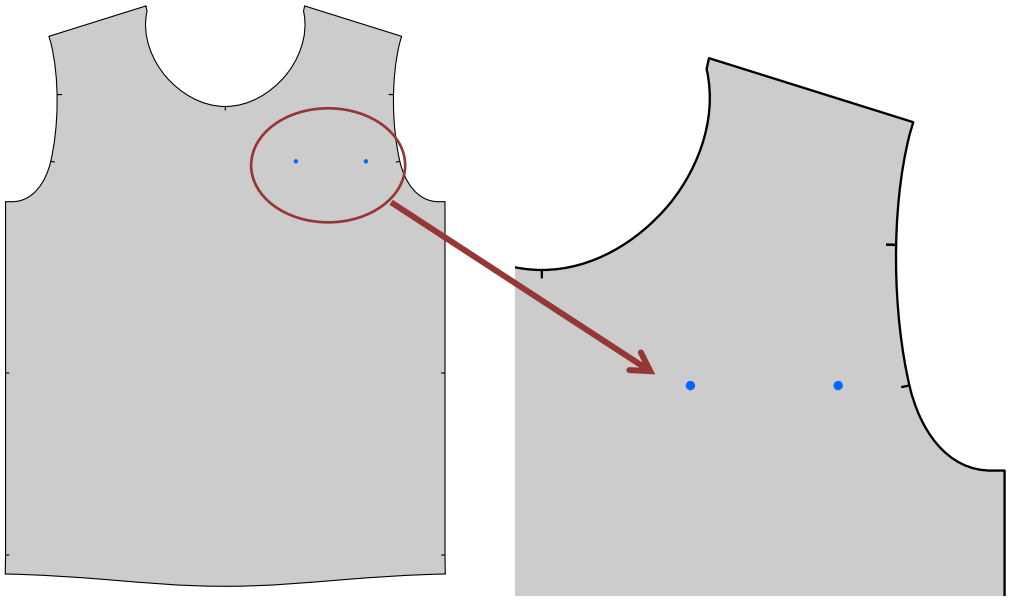


Information about the measurements:

- The fabric length includes an allowance of 15 cm, and the ribbing requires an additional 5 cm. Fabrics may shrink when washed, so it is advisable to wash the fabric before processing to ensure there is enough material for your Oversized Shirt.

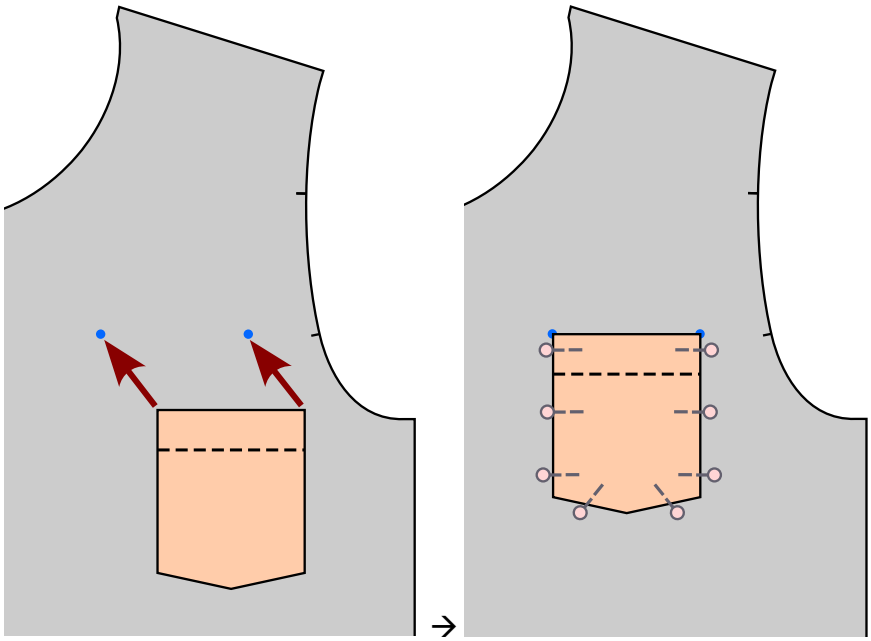
Step 5: Pocket Marking:

Take the front piece (No. 1) and the pattern piece. Transfer the pocket position to the right side of the fabric. Use a pen to mark the pocket positions on the pattern piece. Place your pattern piece accurately on the right side of the fabric and mark the positions through the 2 holes. You can use chalk, a disappearing ink marker, or a fabric marker. If using the latter, perform a pressing test to ensure the marker truly disappears from the fabric or if any residues remain.
To make it easier later on, you can connect the dots with a line. A ruler and chalk/pencil can help with this.

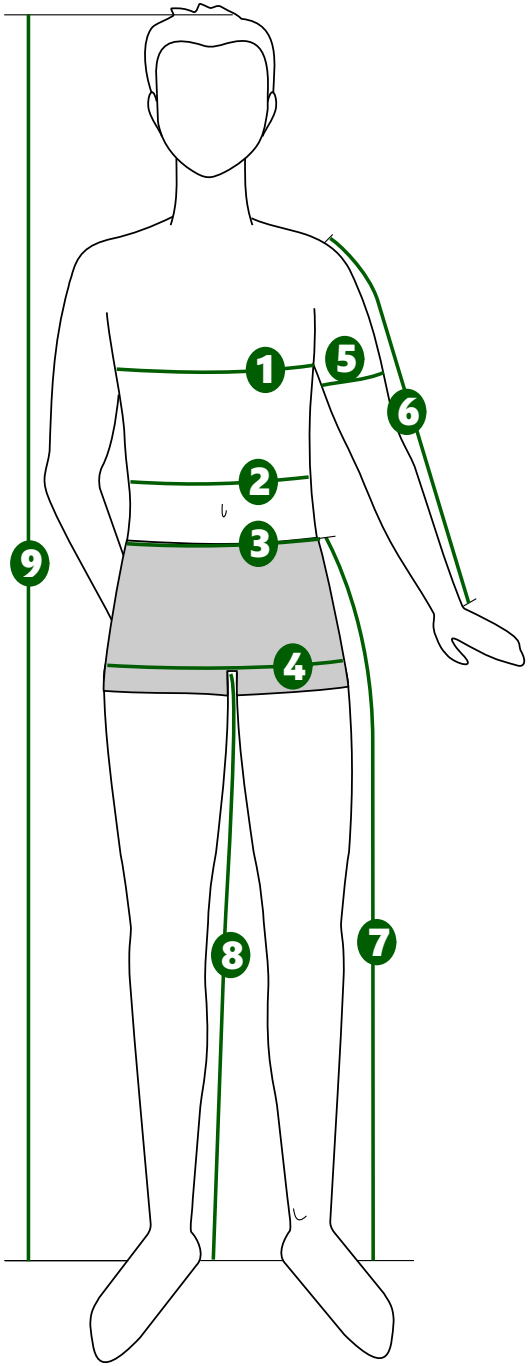


Step 6: Topstitching the Pocket

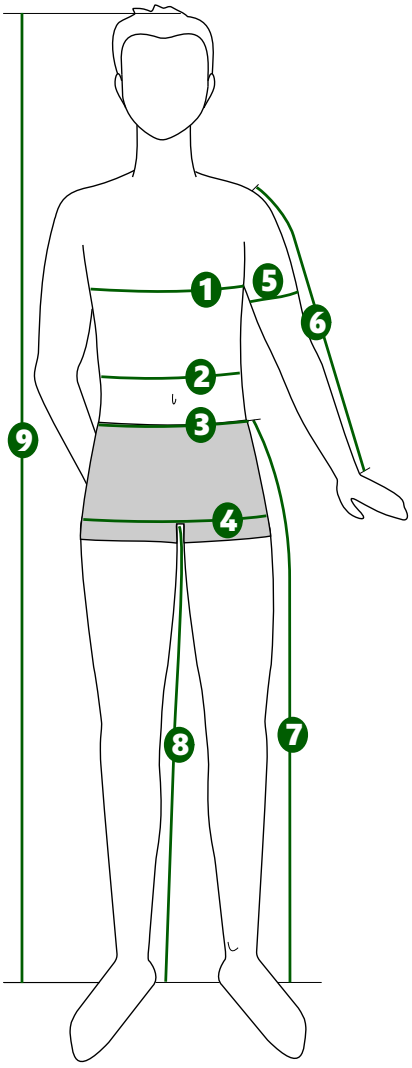
Place your pocket with the upper, straight or topstitched edge matching your markings. The left side of the pocket fabric should be on the right side of the front piece, so you can see both right sides.
Pin the pockets onto the front piece with pins or baste them with needle and thread.



	44	46	48	50	52	54	56	58	60
Körpermaße (cm)									
1 Chest circumference	88	92	96	100	104	108	112	116	120
2 Waist circumference	78	82	86	90	95	100	105	110	115
3 Hip circumference	78	82	86	90	95	100	105	110	115
4 Waistband circumference	90	94	98	102	106	110	116	120	124
5 Upper arm circumference	30	31	32	33	34	35	36	37	38
6 Arm length	62,5	63	63,5	64	64,5	65	65,5	66	66,5
7 Side length	100,5	101,5	102,5	103,5	104,5	105,5	106,5	107,5	108,5
8 Inseam length	80,5	81	81,5	82	82,5	83	83,5	84	84,5
9 Body length	176	177	178	179	180	181	182	183	184



Taking Measurements



To take your measurements, you will need:

- A measuring tape
- A ruler or square for body height measurement
- A person to assist you

The measurements are taken close to the body. Therefore, you should either wear only underwear or very tight-fitting clothing while measuring.

No. 1: Chest Circumference

Place the tape measure completely around the body at chest level. Make sure the tape measure is positioned over the fullest part of the chest.

No 2: Waist Circumference

The tape measure is wrapped completely around the waist. This spot is the narrowest part of the upper body. If you don't have a visible waist, tilt your upper body to the left or right. A fold will form on the side to which you leaned. This is the point between the ribs and the hip bone. This is the waist.

No. 3: lower waist circumference

The lower waist circumference is measured around men's bodies above the hip bone. This is where trousers often sit on men. For men with a belly, the waist circumference is measured below the belly.

No. 4: Hip Circumference

The hip circumference is the fullest part of the buttocks. The tape measure is also wrapped around this area to take the measurements. Position your legs perpendicular to the ground and not with the heels together.

Quick tip: Can't locate the fullest point?
Then, place the tape measure around your hips, keeping it closed lightly with your thumb and index finger. Let it slide down while holding it in a way that it can still stretch. When it reaches the point where it slides down without stretching further, you've reached the widest point, and you'll know the hip circumference.

No. 5: Upper Arm Circumference

Wrap the measuring tape around the fullest part of your upper arm.

No. 6: Arm Length

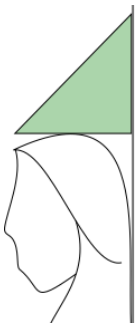
This measurement is taken from the shoulder ball to the wrist. You can bend your arm slightly while measuring.
This measurement indicates the length your finished sleeve will have. If the sleeve is too short or too long, you can confidently shorten or lengthen it. However, keep in mind that this will also change the circumference of the hem in the pattern.

No. 7: Outer leg length/side length

The outer leg length is measured from the natural waist, approximately from the hip bone to the sole of the foot, along the side of the body. Stand up straight for this measurement. Place the measuring tape at the natural waist and guide it over the hip bone. It should then hang vertically, or perpendicular, to the ground. This measurement is important for pants to ensure that the pant legs are long enough.

No. 8: Inner leg length

The inner leg length is measured along the inside of the leg from the crotch to the sole of the foot. The legs should be slightly apart.

No. 9: Body Height

The body height is measured vertically from the crown of your head to the floor. Stand against the wall in an upright position without shoes. To find the exact crown point, place one side of the set square against the wall and the other on your head (see sketch on the right).